**Kristin Egan, M.D.**

**Facial Plastic & ENT Surgery**

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**Pre-Laser Instructions**

1.    Discontinue use of topical retinoids or glycolics (anti-aging products) 7 days prior to Fractional laser treatment.

2.    Discontinue use of Accutane at least six months to one year prior to Fractional laser treatment.

3.    Discontinue sun exposure and use a sunscreen with at least an SPF of 30+.

4.    Hydroquinone therapy should be started at least one month prior and discontinued one week prior to Fractional laser treatment.

5.    Antiviral prophylaxis if history of Herpes Simplex virus.

6.    Arrange for transportation to and from the procedure if taking pain or anti-anxiety medication. The treatment will take 30 minutes; you are required to be at the office one hour before the treatment so that topical anesthetic can be applied.

7.    Plan to go home following the procedure.

8.    Wear comfortable clothes, a shirt that buttons or zips down will help to protect the treated areas.

9. Come into the office with a clean face, no make-up. You will be asked to clean your face again before the procedure.