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Pre-Peel Instructions

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**Note: If you suffer from cold sores (herpes simplex) and have a history of herpes simplex infections, the peel process may bring on an episode of herpes lesions. In order to prevent this, we recommend you take a Rx medication for 1 week prior to and 1 week after peel. Please ask Dr. Egan for this Rx medication. \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***

Avoid the following for 48 hours before the peel (due to increased skin reactivity):

· Botox Treatments

· Restaylane or other injectable treatments

· Laser resurfacing or hair removal

· IPL/photo facial

· Facial scrubs or Microdermabrasion Cream

· Self-tanning products

· Retin-A, Retinoids or Tri-Luma

· Permanent waves, straightening, coloring or bleaching hair

· Waxing, depilatories and electrolysis

Peels cannot be performed on:

· Sunburned skin · Patients with HIV

· Facial warts · Patients with Hepatitis

· Pregnant women (a microdermabrasion or lactic acid peel *may* be possible)

· Breakout of cold sores or fever blisters

The day of your Peel Appointment:

· Perform cleansing routine with gentle soap and water

· If you wear contact lenses, please bring a case and solution with you

· You should arrive without make-up (especially no mascara, since the acids are

attracted to the fibers and will cause infection to the eyes)

· Do not wear make-up for 24 hours following the peel

· Men should not shave within 12 hours prior to treatment