**Kristin Egan, M.D.**

**Facial Plastic & ENT Surgery**

**2809 Sepulveda Blvd.**

**Manhattan Beach, CA 90266**

**310-426-8415**

**Nasal and Sinus Surgery**

**Post Op Information**

1. Your nose may be packed or have plastic splints inside. These will be removed in 7 days
2. Anticipate that your nose will be stuffy
3. Anticipate that your nose will drip. This is why gauze will be supplied for you to take home. Expect that you will saturate one pad per hour for the first 24 hours
4. Keep your head elevated to reduce any swelling
5. Saline nasal spray throughout the day will help with your ability to breath through your nose
6. If there is any excessive bleeding, please call the office immediately